

Langruth Elementary School

Principal's Message

Dear Parents,

As the school year comes to a close, we want to remind you of the importance of ensuring that your children continue attending school regularly. Although summer break may be just around the corner, there are still many valuable learning opportunities and exciting activities planned for our students.

We would like to extend an invitation to all parents who are interested in getting involved at the school. Your contribution can make a significant difference in the educational experience of our children. Whether you have a passion for reading, enjoy cooking, or have any other special talents to share, we would love to have your support.

If you are available and willing to help out, please reach out to the school administration or your child's teacher. There are various ways you can contribute, such as reading to the students, assisting with cooking activities, or even making muffins for our breakfast program. Your involvement not only enriches the learning environment but also fosters a sense of community within our school.

We appreciate your ongoing support and dedication to your child's education. Together, we can make a positive impact and create memorable experiences for our students. Thank you for considering this opportunity, and we look forward to working with you.

Best regards,
Alanna Madsen

Important Dates

- June 9 -
All Library Books must be returned
- June 12 -
Band Orientation @ WmCI (Gr. 5's)
- June 13 -
Cookem Daisy
- June 14 -
PES Mini Marathon
- Grade 8 Transition Mtg. WmCI @ 6:30
- June 15 -
Taste of Kindergarten
- June 19 -
Gr. 4/5 Field Trip
- June 20 -
Divisional Track & Field
- June 26 -
Awards Day
- June 27 -
K - 3 Field Trip
- June 27-28 -
Gr. 6-8 Campout
- June 29 -
Last Day of Classes & Tabloid Day
Report Cards go home
- June 30 -
Admin. Day

Principal: Mrs. Alanna Madsen

Admin. Assistant: Mrs. Candace Kennedy

Box 148 - 101 Helgason Ave. E. Langruth, MB R0H 0N0

Phone: 204-445-2001

Email: les@pcsdonline.ca

A message from Our 2023-2024 Principal

To the Langruth Elementary School Community,

I am pleased to introduce myself as the new Principal of Langruth Elementary School. My name is Bill Banyard, and I am from the Plumas community. I have a deep connection to this area and its people, which has fueled my passion for education since high school. Over the years, I have worked in various educational roles, most recently as a resource teacher in both Plumas and Langruth. I believe that extra-curricular activities are crucial to enriching the educational experience. I have always sought to create a well-rounded educational environment that nurtures every child's mind, body, and spirit. As the new Principal, I am excited to work with our dedicated teachers, staff, parents, and the wider community to create an exceptional educational environment that inspires a love for learning in our students.

My vision for Langruth Elementary School is to foster a culture of inclusivity, respect, and support. I am committed to building strong relationships with students, parents, guardians, and staff, ensuring that everyone feels valued and heard. Together, we will nurture growth, curiosity, and joy. I am eager to get to know everyone and make lasting memories as we embark on this educational journey together. My door is always open, and I welcome your thoughts, ideas, and suggestions. Let us work together to create a bright and promising future for our students.

Thank you, and I am excited to meet you all soon.

Sincerely,

Bill Banyard



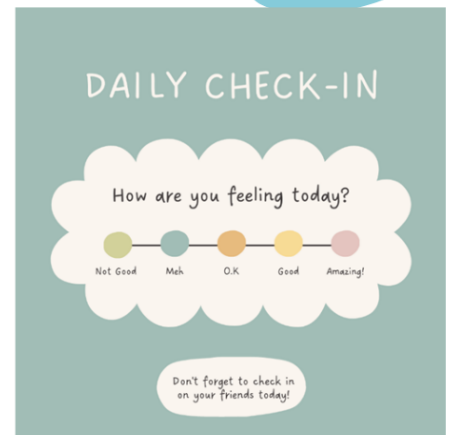
On behalf of the Staff & Students at Langruth Elementary School we would like to thank Mrs. Madsen & Mrs. Battad for their contributions to LES over the last couple of years. Mrs. Madsen will be continuing her Principal/Resource Role at Plumas Elementary. Mrs. Battad will continue to work in Pine Creek School Division as the Itinerant Substitute for the North End schools and we look forward to seeing her next year in her new role. Thank you both so much for your dedication to the students at Langruth Elementary, we wish you the best of luck in your new endeavors. You will be missed!



CLINICIANS CORNER

LOOKING AFTER YOUR MENTAL HEALTH

MENTAL HEALTH AWARENESS WEEK WAS MAY 1ST-7TH



REMEMBER IT'S OK TO NOT BE OK

MENTAL HEALTH IS THE STATE OF OUR PSYCHOLOGICAL AND EMOTIONAL WELL-BEING. IT ENCOMPASSES OUR EMOTIONS, FEELINGS OF CONNECTION, THOUGHTS, AND THE ABILITY TO MANAGE LIFE'S HIGHS AND LOWS. THROUGHOUT OUR LIVES, WE WILL ALL EXPERIENCE PERIODS OF POSITIVE AND NEGATIVE MENTAL HEALTH.

WE CAN LOOK AFTER OUR MENTAL HEALTH BY: PRACTISING MINDFULNESS, MOVING OUR BODIES, BUILDING AND NURTURING SUPPORT NETWORKS, IDENTIFYING FEELINGS AND EMOTIONS, BEING KIND TO OURSELVES, TRYING SOMETHING NEW

Summer Reading Tips for Parents

(from www.readingrockets.org)

Summer shouldn't mean taking a break from learning, especially reading. Studies show that most students experience a loss of reading skills over the summer months, but children who continue to read will gain skills.

1. Read aloud together with your child every day.

Make it fun by reading outdoors on the front steps, patio, at the beach or park. Also, let your children read to you. For younger children, point out the relationship between words and sounds.

2. Set a good example!

Parents must be willing to model behavior for their children. Keep lots of reading material around the house. Turn off the electronics and have each person read his or her book, including mom and dad.

3. Read the same book your child is reading and discuss it.

This is the way to develop habits of the mind and build capacity for thought and insight.

4. Let kids choose what they want to read, and don't turn your nose up at popular fiction.

It will only discourage the reading habit.

5. Use books on tape, especially for a child with a learning disability.

Listen to them in the car, or turn off the TV and have the family listen to them together.

6. Take your children to the library regularly.

Most libraries sponsor summer reading clubs with easy-to-reach goals for preschool and school-age children. Check the library calendar for special summer reading activities and events. Libraries also provide age appropriate lists for summer reading.

7. Subscribe, in your child's name, to magazines like *Sports Illustrated for Kids*, *Highlights for Children*, or *National Geographic World*.

Encourage older children to read the newspaper and current events magazines, to keep up the reading habit over the summer and develop vocabulary. Ask them what they think about what they've read, and listen to what they say.

8. Ease disappointment over summer separation from a favorite school friend by encouraging them to become pen pals.


Present both children with postcards or envelopes that are already addressed and stamped. If both children have access to the Internet, email is another option.

9. Make trips a way to encourage reading by reading aloud traffic signs, billboards, notices.

Show your children how to read a map, and once you are on the road, let them take turns being the navigator.

10. Encourage children to keep a summer scrapbook.

Tape in souvenirs of your family's summer activities picture postcards, ticket stubs, photos. Have your children write the captions and read them and read them aloud as you look at the book together.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>JUNE</h1>				1 DAY 6	2 DAY 1	3
4	5 DAY 2	6 DAY 3	7 DAY 4	8 DAY 5	9 DAY 6 All Library Books MUST be returned	10
11	12 Band Orientation @ WmCI Gr. 5's DAY 1	13 Cookem Daisy DAY 2	14 Grade 8 High School Transition meeting @ wmci - 6:30 PES Mini Marathon DAY 3	15 Taste of Kindergarten DAY 4	16 DAY 5	17
18	19 Grade 4/5 Field Trip DAY 6	20 Divisional Track & Field Gr. 6 - 8 DAY 1	21 DAY 2	22 DAY 3	23 DAY 4	24
25	26 Awards Day DAY 5	27 K-3 Field Trip Grade 6-8 Overnight Campout DAY 6	28 DAY 1	29 Last Day of Classes Tabloid Day DAY 2	30 Admin Day	